



bonairewellnessconnexions

# Bonaire Mountain Biking Package

**See the island from a different perspective!**

**Duration Dates:** Available the entire year

**Trip Duration:** 7 Nights

**Location:** Bonaire, Netherlands Antilles

## Description

After many exploring mountain bike rides, we've discovered numerous single tracks which were in the past used by goats and donkeys traffic. So we're very enthusiastic about Bonaire's natural history and sharing that knowledge with you. This package is a perfect opportunity to see the wonders of Bonaire on a mountain bike. You will leisurely follow our professional guides and there will be intermittent stops along the way to learn about Bonaire's flora, fauna and natural history.

## ITINERARY

### **Day 1) Arrive on Bonaire, Check-In at Caribbean Club, Briefing from BWC**

#### **Day 2) Coast Tour**

If you like to mountain bike, but don't have a lot of time to spare, this flat-fun bicycle tour is the perfect escape! You could even ride it on a comfort bicycle. We start cycling from downtown then ride north via low-traffic along the northern shoreline, overlooking the Caribbean Sea. Short stops at breathtaking vistas such as 1000 steps, Tolo and Gotomeer Lake are planned, so that you'll have the opportunity to take pictures at these breathtaking vistas of Bonaire.

**Location:** 1000 Steps, Karpata, Gotomeer, Dos Pos

**Duration / Mileage:** 3 hours, 20 Km (13 Miles)

**Fitness / Technical Ratings:** 5/3

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, water, snacks

#### **Day 3) The Countryside Tour**

During one of our exploring rides, we discovered a beautiful countryside trail right in the back side of the famous hill of Seru Largu. This fun-filled ride is your opportunity to experience the amazing vistas and farms of Bonaire on a mountain bike. The tour goes through a very peaceful farming area near downtown, going through the countryside surrounded by beautiful scenery. Visit interesting goat farms and explore the best of what Bonaire MTB trails have to offer. Goat cheese snacks are included during this tour!

**Location:** Tras di Montaña & Seru Largu

**Duration / Mileage:** 3 ½ to 4 hours, 25 Km (16 Miles)

**Fitness / Technical Ratings:** 5/4

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, drinks, goat cheese tasting

#### **Day 4) Bonaire Hills Tour**

This challenging tour has been designed for the hills and climbing lovers. The Bonaire Hills Tour includes lots of fun single-track trails and dirt roads rolling through dead corals and gravel surfaces. Goats and donkeys will be seen everywhere along with all kinds of birds. The itinerary includes great sections of Seru Largu and the fun-filled hills of Santa Barbara and Sabadeco. The Bonaire Hills tour is a great trip with fun single-track and lots of climbing opportunities.

**Location:** Seru Largu, Santa Barbara, Karpata, Altamira, Broertje Janga

**Duration / Mileage:** 4 hours, 35 Km (22 Miles)

**Fitness / Technical Ratings:** 7/6

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, water, snacks

#### **Day 5) West to East Lagoon Tour**

Join us on our mountain bike journey through Lagoen's arid trails and be one of the few to experience their majesty! This bike tour is designed for serious mountain bikers. Get ready for a challenging ride rolling through goats' trails in the realm of Guatemala, Washikemba and Bolivia Ariba. Descend to Santa Barbara Crowns on a challenging single-track trail from Seru Largu, where unbelievable single-track gives the rider a true test of skill.

**Location:** West / East

**Duration / Mileage:** 4 to 4 ½ hours, 40 Km (25 Miles)

**Fitness / Technical Ratings:** 7/7

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, drinks, snacks

# MOUNTAIN BIKING

### Day 6) Washington Slagbaai National Park Tour

This National Park is an excellent opportunity for mountain biking exploration, recreation and educational activities. This land of dunes, salt pans and sandy beaches is located in the northwest part of the island. We've planned an unforgettable mountain bike trip into the park, taking full advantage of its unique character and outstanding rise and fall of ocean level riding. This bike tour begins with a flat-to-undulating road down Boka Kokolishi and Seru Bentana, then follows the curve of the coast to Boka Slagbaai, an old harbor with historical buildings and flamingos around the salt pan. The last 10Km of the tour will lead us through a rolling road with hexagonal basaltic columns which were formed on the bottom of the ocean about 90 million years ago. Our ride finishes at the entrance of the park. **Note:** the National Park entrance fee is not included. Nature fee is USD\$10.00.

**Location:** Washington Slagbaai National Park

**Duration / Mileage:** 4 ½ to 5 hours, 30 Km (19 Miles)

**Fitness / Technical Ratings:** 7/6

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, water, snacks

### Day 7) Bonaire Cycling & Snorkeling Adventure

For nature and snorkeling lovers, Bonaire Wellness Connexions offers a unique mountain bike tour that includes a visit to the Donkey Sanctuary and a snorkeling experience at Donkey Beach. One of our professional guides will take you south on the bikes and another one will be at the back of the group escorting with a pick up truck. This tour is a lot of fun and also supports the Donkey Sanctuary, a non-profit organization that works on an ecological basis. During this tour, we will take a look at the unspoiled nature of the Donkey Safari Park. Besides donkeys you will have the opportunity to see iguanas, flamingos and other tropical birds. You won't miss the feeding of the baby and the grownup donkeys.

After our visit to the park, we will go back on the bikes and ride to the snorkeling spot Donkey Beach. We will take you to some of the most exclusive snorkeling spots on the island. We chose this beautiful snorkeling spot to make sure you'll experience the absolute best our ocean has to offer. You can finish your day by spending a relaxing afternoon at Caribbean Club.

**Location:** Donkey Beach, Donkey Sanctuary

**Duration / Mileage:** 4 hours, 10Km (6 miles)

**Fitness / Technical Ratings:** For anyone who can ride a bike

**Capacity:** Min. 3 – Max. 20

**Included:** Mountain bike, helmet, drinks, snacks, snorkeling gear, entrance to the Donkey Sanctuary. The Marine Park fee is not included.

### Day 8) Relaxing & Check Out Day at Caribbean Club

#### Inclusions

- Airport Transfers
- Bicycle + equipment for the entire holiday
- Guide + 6 mountain bike excursions
- Part-time Guides for specific activities
- Accommodation at Caribbean Club
- Daily fresh breakfast
- Room taxes
- Pick up truck

#### Not included

- International airfare
- Nature fee
- Car CDW-insurance
- Bonaire Tourist Visa (if required)
- Travel insurance
- All airport taxes.
- Meals not outlined in itinerary
- Cycling clothing.
- Any costs arising out of unforeseen circumstances such as bad weather, flight cancellations or any other circumstances beyond our control.

**Notice:** Our trips are rated on a 1-10 scale as far as fitness level and technical rating is concerned. Please see the fitness and technical scales below the description of every tour and chose for the most suitable tour according to your personal fitness level. No heart conditions, pregnant women, people with asthma or recovering from open-heart surgery.

Fitness Level Ratings									
1	4	5	6	7	8	9	10		
Couch Potato				Active					Athlete

  

Technical Level Ratings									
1	4	5	6	7	8	9	10		
Watch ESPN									Rampage Comp.

All mountain bike tours start from BWC's headquarters located at 'Les Galleries' shopping mall down town.  
**FREE pick up service.** Prices do not include 5% government taxes.

We are happy to answer your questions and help you select a mountain bike tour based on your experience and interests.

# MOUNTAIN BIKING