









<i>TIME/OR</i>	<i>MONDAY/ DJALUNA</i>	<i>TUESDAY/ DJAMARS</i>	<i>WEDNESDAY/ DJARASON</i>	<i>THURSDAY/ DJAWEPS</i>	<i>FRIDAY /DJABIERNE</i>	<i>SATURDAY/ DJASABRA</i>
08.00 AM	TONE & BALANCE		BODYSHAPE		TONE & BALANCE	
09.00 AM		SPINNING				SPINNING
10.00 AM						BODYSHAPE
04.30 PM					 ZUMBA FITNESS KIDS	
05.30 PM		BODYSHAPE	THAIBOXING		 ZUMBA FITNESS	
06.30 PM	STEPS		BodyBalance			
07.30 PM		 ZUMBA FITNESS		THAIBOXING		

OPEN/HABRI

MONDAY - FRIDAY: 07.30AM - 11.00AM & 04.30PM - 09.00PM

SATURDAY: 08.00AM - 12.00AM

SUNDAY: 10.00AM - 01.00PM

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